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**Smile Anti-Bullying Service**

**Focus on Mental Health and Wellbeing - Training Menu 2021**

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**In house training**

**Staff**

How to recognise and effectively deal with bullying – 1hr twilight

Girl Bullying and Friendship Issues – 1hr twilight

E Safety and Cyber Bullying – 1 hr twilight

Lunchtime Supervisor Training Session – 1hr after lunch

(cost to be agreed depending on numbers/travel)

**Pupils**

Peer Support or Mental Health Ambassador Training Session – 2 hours

Peer Mediation Training – 2 hours

Class Friendship Workshop – 1 hr

Whole school anti-bullying roadshow – 1 hr

E Safety and Cyber Bullying – 1 hr

Girl Friendship Workshop – 1hr

Boy Friendship Workshop – 1hr

Individual Pupil Support – 2hrs – 4 pupils

**School anti-bullying support coordinator -** Discounted block booking of days across the term/year to visit and support individual students and facilitate small group work if suitable as well as supporting school with their whole school emotional health and well-being plans.

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**BIG Award (National Anti-Bullying award and Resources)**

Join BIG to receive our online bullying reporting system for pupils (SOS), BIG Audit Survey System, BIG toolkit, anti-bullying week pack, girl bullying pack, peer support materials, regular newsletter to a named anti-bullying leader in school, resources for staff and the opportunity to gain our national award with support to guide you.

Example price for annual membership - £182 for a primary school with under 500 pupils.

Visit [www.bullyinginterventiongroup.org](http://www.bullyinginterventiongroup.org) for further information.

**Training costs – 2 hour minimum sessions.**

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| 2 hours  |  £275 |
| 6 hr SLA  |  £750 |
| 12 hr SLA |  £1450 |
| **Email:** vicki.lydon@bigaward.org.uk | **Phone:** Vicki - 07870 499275 |

**Travel is charged at 45p per mile**